|  |  |
| --- | --- |
|  | East London Runners Membership Form(For Club use - Date Joined……………………) |

I wish to apply for membership of East London Runners. An Annual Membership fee (see Website) to 31st March (Year to be confirmed) is payable. Details on request. This fee also includes membership of England Athletics. Shortly after joining the Club a welcome email will be issued to you confirming full details.

|  |  |
| --- | --- |
| Title |  |
| Forename(s) |  |
| Surname |  |
| Address and postcode |  |
| Telephone Number |  |
| E-mail address |  |
| Date of Birth |  |

In the event of an emergency, please provide the club with details of a friend or relative:

|  |  |
| --- | --- |
| Name  |  |
| Telephone Number |  |
| Relationship |  |

What would you like to get out of the group?

⬜ To get fitter ⬜ To lose weight ⬜ To run local events ⬜ To improve

⬜ To meet new running partners ⬜ Other :

|  |
| --- |
|  |

Are you currently involved in any other kind of exercise? ⬜ Yes ⬜ No

|  |  |
| --- | --- |
| If Yes, what type, and how often? |  |

Have you done any running before? ⬜ Yes ⬜ No

|  |  |
| --- | --- |
| If Yes, what type, and how often? |  |

Have you ever or are you currently a member of a running club or group who are registered with English Athletics?

|  |  |
| --- | --- |
| If yes, please give name of club/group and details. |  |

Do you have any health considerations we ought to know about?

|  |  |
| --- | --- |
| If yes, please explain. |  |

I confirm that I understand that participation in this group is entirely at my own risk and should consult my own doctor if suffering from any condition that might make running injurious to my health.

**The General Data Protection Regulation**

When you become a member of or renew your membership with East London Runners you will automatically be registered as a member of England Athletics. We will provide England Athletics with your personal data which they will use to enable access to an online portal for you (called myAthletics). England Athletics will contact you to invite you to sign into and update your MyAthletics portal (which, amongst other things, allows you to set and amend your privacy settings). If you have any questions about the continuing privacy of your personal data when it is shared with England Athletics, please contact dataprotection@englandathletics.org.

East London Runners Club store and process the personal data for each member, whether or not first claim, within our own systems.

**Photographic Policy**

When you become a member of East London Runners, we assume that you consent to your photograph being taken at club events and competitions and that these images may be used on the club website and/or Facebook page.

If you object to a photograph that has been published on the above media, please contact us at webmaster@eastlondonrunners.org.uk and it will be removed immediately.

**Expectations**

East London Runners is a volunteer led club. We rely on the contribution that our members make to the success of our club both in competition, club runs, social and other club events, including those where we support other races such as London Marathon and Westminster Mile. It is expected that members volunteer throughout the year and accordingly will accrue points for doing so leading to a points based reward scheme. Details can be found on volunteering section of the website.

**ELR code of conduct: including Social Media**

As a responsible athlete you will:

* Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally.
* Uphold the same values of sportsmanship off the field as you do when engaged in athletics
* Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of yourself and other athletes
* Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
* Anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time
* Inform your coach of any other coaching that you are seeking or receiving
* Always thank the coaches and officials who enable you to participate in athletics

As a responsible Athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will:

* Act with dignity and display courtesy and good manners towards others
* Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse
* Challenge inappropriate behaviour and language by others
* Never engage in any inappropriate or illegal behaviour
* Avoid destructive behaviour and leave athletics venues as you find them
* Not carry or consume alcohol to excess and/or illegal substances.
* Avoid carrying any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity

Membership of the club assumes that you will comply with the UK Athletics Anti-Doping Guidelines that can be found on the club’s website. Whilst most testing is carried out on international athletes, you should be aware that by taking part in any event run under UK Athletics rules you are consenting to be available for testing.

|  |  |
| --- | --- |
| Signed  |  |
| Date  |  |

If submitting electronically, please type your name into the signature box above.